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The Business Council of Fairfield County Honors Companies for Creating Healthy Workplaces

Stamford, Connecticut; February 5, 2019 - - The Business Council of Fairfield County will host its Healthy Workplace Employer Recognition Program on Thursday, February 14, at the Stamford Marriott Hotel & Spa, from 8:00-10:00am.

The Healthy Workplace Employer Recognition Program was established eleven years ago to highlight the efforts of employers who understand the competitive advantage of a healthy workforce. The recognition program is presented by The Business Council's Health, Wellbeing and Safety Roundtable, with the leadership support of USI Insurance Services and UnitedHealthcare of CT, Inc. and generous assistance from ConnectiCare and Aon.

“Much like investing in your financial future, investing in your health can also yield dividends. Employers and employees share responsibility for protecting and strengthening future physical and mental wellbeing,” commented Matthew Fair, Vice President, USI Insurance Services and co-chair of the Healthy, Wellbeing and Safety Roundtable. “A culture of wellness may start with an individual, but it is truly a team effort. Our 2019 Healthy Workplace honorees are being recognized for working collectively to achieve their goals of educating and motivating their workforce to take stock of and responsibility for their health.”

From encouraging physical activity and healthy behavior to managing chronic illness, these employers have made great strides in implementing a diverse range of programs within the workplace to assist their employees to live healthier lives.

“These employers know the positive impact that creating a culture of health and wellness can have in and out of the workplace,” said Anthony Aguanno, UnitedHealthcare senior account executive and co-chair of The Business Council’s Health, Wellbeing and Safety Roundtable. “What makes these honorees stand out is how they collaborate with and support their employees to make their programs successful, and their employees and their families healthier.”

This year we are honoring 57 companies for their wellness achievements by four categories of distinction - Platinum, Gold, Silver and Innovation - awarded on the basis of program components and outcomes.

Those being recognized in the Platinum category include Ability Beyond (Bethel); Affinion Group Inc. (Stamford); Aquarion Water Company (Bridgeport); Bigelow Tea (Fairfield); Boehringer Ingelheim Pharmaceuticals, Inc. (Ridgefield); Charlotte Hungerford Hospital (Torrington); Chelsea Piers Connecticut (Stamford); Connecticut Distributors Inc. (Stratford); Crius Energy (Norwalk); EBP Supply Solutions (Milford); Eversource Energy (Berlin); Harman International Industries, Incorporated (Stamford); Hubbell Incorporated (Shelton); Mercuria Energy Trading, Inc. (Greenwich); City of Milford, CT; Mohegan Sun/Mohegan Tribe (Uncasville); Neopost USA (Milford); Norwalk Community College; People's United Bank, N.A. (Bridgeport); Pitney Bowes (Stamford); Quinnipiac University (Hamden); Sacred Heart University (Fairfield); Sikorsky, A Lockheed Martin Company (Stratford); Stew Leonard's (Norwalk); Tauck (Wilton); The SLAM Collaborative (Glastonbury); Town of Madison, CT; Town of South Windsor, CT; United Rentals (Stamford); Wheeler Clinic (Plainville); Yale New Haven Health System; and Yale University (New Haven).

Those being recognized in the Gold category include American Heart Association (Norwalk); Amity Regional School District No. 5 (Woodbridge); Benchmark Senior Living (Waltham, MA); blumshapiro (West Hartford); CBP (Stamford); CooperSurgical (Trumbull); Coppola And Sons Construction Company, Inc. (Stamford); Deutsch (New York, NY); Deutsch Family Wine & Spirits (Stamford); First County Bank (Stamford); Gault Family Companies (Westport); Grade A ShopRite (Norwalk); Masonicare (Wallingford); MITSUI & Co. (U.S.A.), INC. (New York, NY); Mystic Aquarium (Mystic); Preferred Brands International, Inc. (Stamford); Stepping Stones Museum for Children, Inc. (Norwalk); The Ashforth Company (Stamford); The Hospital for Special Care (New Britain); Webster Bank (Waterbury); and Weeden & Co, LP (Greenwich).

Those being recognized in the Silver category include Aircastle Advisor LLC (Stamford); Community Health and Wellness Center of Greater Torrington (Torrington); and Design Within Reach (Stamford).

The Innovation Award, recognizing those who have created a novel approach or tool to address productivity or health issues in their organizations, will be awarded to Affinion Group (Stamford) and Boehringer Ingelheim Pharmaceuticals, Inc. (Ridgefield).

New to our recognition program in 2019 is the Healthy Building category, recognizing those companies who have prioritized health in the built environment. This year we honor The Ashforth Company for their buildings: 707 Summer Street, Stamford; Greenwich Plaza, Greenwich; and 3001 Stamford Square, Stamford.

Corporate Wellness Programs in the Region

“As with any initiative, its ability to stand the test of time and be impactful is the hallmark of success,” noted Cynthia Lyon, Director, Higher Ed and Human Capital Services, The Business Council of Fairfield County. “For our 11th annual Healthy Workplaces Employer Recognition Event its sustainability is a true measure of success. Celebrating a record-breaking 57 companies we welcomed 16 new applicants and encourage them to build on their success and continue on their journey to wellness. We also are pleased to honor five returning companies with a higher level of recognition based on their strengthened programs and to recognize three buildings under a new category for us this year, Healthy Buildings.”

A panel on the topic on mental and emotional health in the workplace will follow the award presentation. Honorees on the panel include John Capetanakis, Vice President of Total Rewards and HR Technology, Affinion Group; Liz Henderson, Director of Employee Benefits, Sacred Heart University and Tanya Kory, Associate Director of Wellness and Fitness, Boehringer Ingelheim Pharmaceuticals, Inc.

The Healthy Workplaces Employer Recognition Event, presented by The Business Council’s Health, Wellbeing and Safety Roundtable, will begin with registration at 7:45am, and the breakfast program will be held from 8:00-10:00am. Registration is \$50. To register, please contact The Business Council of Fairfield County at 203-359-3220 or visit www.businessfairfield.com.

About The Health, Wellbeing and Safety Roundtable

The Healthy Workplace Employer Recognition Program is an initiative of The Business Council's Health, Wellbeing and Safety Roundtable. Concentrating on the issues of health and wellness, the Roundtable is a vehicle for best practice exchange, conducts a communications and events program to raise awareness of wellness and serves as a catalyst for employers to take cooperative action in meeting the health-related needs of their employees.

About The Business Council of Fairfield County

Over the past decade, The Business Council of Fairfield County has emerged as a nationally respected and influential regional network of business leaders, committed to strengthening the economic vitality of our region and the performance of its member firms through research-based public policy initiatives, information services and network building programs. It was formed in 1970 by the merger of three existing organizations, the oldest of which had been founded in 1890. Today, The Business Council of Fairfield County is a private, not-for profit corporation governed by a volunteer board of senior executives and served by a professional staff. It has more than 200 corporate and non-profit institution members.